

Chat Shower



Engage participants in a quick and easy way while stimulating personal reflection



Objective

Engage with a virtual audience while stimulating individual reflection



What it takes

Easy facilitation
3-100 persons
2-5 minutes



Note

easy engagement for virtual audiences



Process

Step 1

Ask participants to reflect on a specific question, and to type these reflections in the chat. Ask participants to not press enter yet.

Step 2

Ask participants to press enter on the count of three, then count 1,2 and 3 and see all chats arrive at the same time.

Step 3

Debrief by reviewing the messages shared, reflecting on outliers and main themes.

Facilitation tips

- Use this exercise to start a deeper discussion
- Create a quiet moment for individual reflection
- Guide participants carefully to press enter at the same time
- Only use this exercise once per session, to keep the novelty effect

Climate relevance

This task stimulates personal reflection. This skill can help you to better reflect your own progress and actions when it comes to climate action.

