

# Meet My Daughter



*Engage participants in a quick and easy way while learning more about each and every person.*



## Objective

This exercise allows us to establish a personal connection between participants and to facilitate a brief introduction.



## What it takes

Easy facilitation  
3-10 persons  
10 minutes



## Note

easy engagement for virtual audiences



## Process

### Step 1

Ask everyone to turn on their camera and have an empty chair next to them.

### Step 2

Then invite all participants to introduce themselves from the perspective of their sister/ dog/ parent/ neighbour/ colleague. Ensure that the introductions are brief and are starting with for example: "I would like to introduce you to my daughter (you)..." giving another 2-3 sentences about her.

Ensure everybody had a turn before moving on.

### Facilitation tips

- If you would like to ensure that the introduction is short, make sure that the first couple of introductions are short and to the point.
- You can ask participants to pick who should go next - that keeps the focus of the group (and takes a bit more time).
- You can encourage participants to share something about themselves that might be news to some.

### Climate relevance

*This exercise challenges the participants to look at themselves and others from a different perspective. This can be an important approach and skill in solving complex problems.*



**virtually amazing**

Enabling virtual engagement for facilitating complex dialogues to tackle Climate Change

